

<b>Week 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>AM SNACK</b> 	Cereal  Fruit  Milk	Yogurt with Bananas  Fruit  Milk	Waffles with Berry Compote  Fruit  Milk	Chef's Snack of Choice  Fruit  Milk	Whole Wheat Bagels with Pea Butter & Jam  Fruit  Milk
 <b>LUNCH</b> 	Chicken Salad sandwiches  Fruit  Water or Milk	Vegetable Pasta Prima Vera  Fruit  Water or Milk	Beef Sliders with Potato Wedges  Fruit  Water or Milk	Chicken Quesadillas with sour cream/salsa dip  Fruit  Water or Milk	Chefs Lunch Special of the Day  Fruit  Water or Milk
<b>PM SNACK</b> 	Homemade Cookies  Fruit  Water	Veggies and Bean Dip  Fruit  Water	Chef's Snack of Choice  Fruit  Water	Cucumber & Cream Cheese Dip  Fruit  Water	Gold Fish Crackers & Apple Sauce  Fruit  Water

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>AM SNACK</b></p> 	<p>Cereal</p> <p>Fruit</p> <p>Milk</p>	<p>Toasted English Muffins with Jam</p> <p>Fruit</p> <p>Milk</p>	<p>Chef's Snack of Choice</p> <p>Fruit</p> <p>Milk</p>	<p>Potato/Vegetable &amp; Egg Skillet</p> <p>Fruit</p> <p>Milk</p>	<p>Raisin Cinnamon French Toast</p> <p>Fruit</p> <p>Milk</p>
<p> <b>LUNCH</b></p> 	<p>Assorted Sandwiches with Vegetable Sticks</p> <p>Fruit</p> <p>Water or Milk</p>	<p>Pineapple &amp; Vegetable Teriyaki Chicken over rice</p> <p>Fruit</p> <p>Water or Milk</p>	<p>Taco Pasta Salad with ground Beef</p> <p>Fruit</p> <p>Water or Milk</p>	<p>Hungarian Chicken Paprikash with Roast Potato</p> <p>Fruit</p> <p>Water or Milk</p>	<p>Chefs Lunch Special of the Day</p> <p>Fruit</p> <p>Water or Milk</p>
<p><b>PM SNACK</b></p> 	<p>Apple Spice Cake</p> <p>Fruit</p> <p>Water</p>	<p>Home Maid Granola Bars</p> <p>Fruit</p> <p>Water</p>	<p>Cheese and Crackers</p> <p>Fruit</p> <p>Water</p>	<p>Chefs Snack of Choice</p> <p>Fruit</p> <p>Water</p>	<p>Fresh Bean Dip &amp; Vegetables</p> <p>Fruit</p> <p>Water</p>

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b> 	Cereal  Fruit  Milk	Pancakes & Sausages  Fruit  Milk	Omelettes  Fruit  Milk	Fruit Crepes  Milk	Freshly Baked Muffins  Fruit  Milk
 <b>LUNCH</b> 	Chicken Pesto Pasta  Fruit  Water or Milk	Grilled Cheese sandwich and vegetable sticks  Fruit  Water or Milk	Perogies with caramelized onion and Turkey Bacon  Fruit  Water or Milk	Beef Mac and Cheese  Fruit  Water or Milk	Chefs Lunch Special of the Day  Fruit  Water or Milk
<b>PM SNACK</b> 	Apples with Cheddar Cheese  Water	Fresh Fruit with Yogurt dip  Water	Chef's Snack of Choice  Fruit  Water	Home made Hummus with Veggie Sticks  Fruit  Water	Watermelon with Arrow Root cookies  Water

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b> 	Cereal  Fruit  Milk	Whole Wheat Bagels with Jam  Fruit  Milk	Scrambled Eggs  Fruit  Milk	Waffles with Turkey Sausage  Fruit  Milk	Chefs Snack of Choice  Fruit  Milk
 <b>LUNCH</b>	Chicken Caesar Wraps  Fruit  Water or Milk	Pasta Bolognese  Fruit  Water or Milk	Chefs Lunch Special of the Day  Fruit  Water or Milk	Swedish Meatballs over Cauliflower Mash  Fruit  Water or Milk	Assorted Pizzas  Fruit  Water or Milk
<b>PM SNACK</b> 	Veggies & Bean Dip  Fruit  Water	Chef's Choice of Snack Fruit  Water	Apple & Cheddar wraps  Fruit  Water	Freshly Baked Scones  Fruit  Water	Fruit Salad with Gold Fish Crackers  Fruit  Water