



Welcome to the Preschool Room

The preschool teachers would like to welcome you to the preschool program and look forward to getting to know your family. It is going to be a fun year filled with stimulating activities and many learning experiences!

We are committed to providing a curriculum that contributes to each aspect of your child's development while ensuring their safety and security. We aim to provide a supportive atmosphere for the children to grow emotionally, physically and intellectually. We also believe that building a child's feelings of self-worth is paramount to a positive early childhood experience. Through positive reinforcement and genuine affection, we encourage each child to view him/herself as unique individuals and to become self-respectful; therefore learning to respect others in the process. We consistently provide a warm and inviting environment where your child will feel welcome and confident while building on their self-esteem.

Throughout the year the children will be engaging in a variety of stimulating developmental activities, associated with the essentials of letter, and sound recognition, as well as number recognition and counting. We will also be including other planned activities based off of children's interests and developmental milestones. Such activities will be progressive throughout the year, with a new objective each week allowing your child to build upon their skills and thus leading them down a bright and successful educational path. As we all know children develop at their different paces, therefore all of the activities will be adapted to accommodate your child's specific individual needs and developmental stages. Aside from the interest areas, there are a few other programs that your child will engage in. Such activities may include, Science, Material Arts, Cooking lesson, Sign Language, Jolly Phonic, Music, and a Physical education program called Rainbow fun!

You will receive two developmental reports per year, as well as a monthly progress report that will be specific to your child's progression, strengths and goals. The developmental reports will be provided by the end of January and again at the end of June. During these times you will have the opportunity to request further clarification through a Parent/ Teacher interview.

Please remember to follow the event calendar and stay updated with the classroom newsletter that will be emailed to you monthly.

Please refer to our parent handbook for a full program statement and classroom outline.

Show and Share:

Show and Share is once a week in the classroom. The children are able to bring in favorite toys or share a special story. Please do not bring in these special home toys daily because we are not responsible for damaged or lost toys.

Field Trips:

Field Trips are an exciting time for the children. They can discover explore new places and people within our community. Each year we plan several outings that are age appropriate and exciting. As parents, you are given the opportunity to volunteer giving you a chance to be a part of our program and your child's day. We travel to and from our destinations by school bus, which is quite an exciting trip on its own! We also believe that the children should have many opportunities to explore their immediate community. We take them on many nature walks to explore our community.

Baking:

Baking activities are planned monthly. Special treats are prepared by the children with hands on, it is lots of fun. This monthly experience provides reading skills by encouraging children to read our simple instructions and ingredients. The children also practice math through the measuring, understanding quantities and concept of time. Waiting for the treat helps build patience and pride of their accomplishment by the seeing their final product and hard work, best of all they get to indulge!

Additional programs offered throughout the Year:

There are many other activities the children will take part in that are listed on the monthly calendars such as Music, Sign Language, Martial Arts.

- Physical education program called Rainbow Fun is for a ½ hour in the mornings. This will be offered all year long once a week.
- Sign Language is for a ½ hour in the mornings offered for 12 weeks of the year.
- Music runs all through September to June. Each music lesson is ½ hour. At the end of the year we host an end of the year concert and graduation ceremony where we share what the children have learned throughout the year!
- Martial Arts is for a ½ hour in the mornings offered for 12 weeks in the year.

Reminders:

- Our program starts at 9:00am which includes special curricular activities, phonics and creative arts. Arriving early will ensure that your child takes part in all classroom activities and avoid disruption to the programs taking place.
- Make sure that you provide extra clothing in your child's cubby at all times. Please label all of your children's belongings. This reduces the chance of items being lost.

- Please send “inside shoes” (not slippers with soft soles, due to a possible fire drill) for your child during the winter months as they will need to change their boots for outdoor play.
- Don’t forget to supply us with diapers, wipes and a sleep blanket in a storage bag. Sleep blanket will be sent home weekly to be washed.
- Please have your child come in with a water bottle each day that goes home each night to be washed😊.
- During the warmer seasons please bring sunscreen and a hat.

Above all we are educated, experienced, and warm professionals who will give your children the absolute best care within the nurturing and stimulating environments that we have created. We look forward to helping your children grow into inquisitive and curious little people. We look forward to making you a part of our teaching team. Please let us know of any support that you would like to lend or information that you feel would benefit our program and your children’s learning opportunities.



Welcome to our classroom!

Preschool 1 Daily Routine & Schedule

7:00-9:00

- Drop off
- Free-play
- Breakfast
- Washroom routine

9:00-11:30

- Outside time
- Free-play
- Small group activities (creative, phonics, fine motor)
- Special activities (yoga, martial arts, music, cooking, etc.)
- Large group learning (cognitive circle)
- Washroom routine

11:30-2:30

- Lunch
- Nap/rest time
- Washroom routine

2:30-4:00

- Outside time
- PM snack
- Washroom routine

4:00-6:00

- Small group activities (sensory, fine motor, creative)
- Free-play
- Gross motor activities
- Large group learning (music & movement)
- Pick up



Preschool 2 Daily Routine & Schedule

Between 7:00am – 9:00am

- Morning drop off
- Free Play
- Clean up
- Washroom / Diaper changes if needed / Hand washing
- AM snack
- Washroom after AM snack

Between 9:00am – 11:30am

- Large group (Cognitive Circle)
- Gross Motor Activities
- Outdoor play
- Small group activities (Phonics, Creative, Fine Motor, Sensory)
- Special activities (yoga, music, science, cooking, Martial Arts, etc)
- Washroom / Diaper changes if needed / Hand washing

Between 11:30am – 2:30am

- Lunch
- Washroom after lunch
- Nap / Rest time

Between 2:30am – 3:30am

- Washroom / Diaper changes if needed / Hand washing
- PM Snack
- Free Play

Between 3:30am – 6:00am

- Outdoor Play
- Large group (story time, language literacy)
- Free Play
- Small group activities (sensory, fine motor)
- Afternoon pick up

Please note snack time is at 8:30am and programming begins at 9:00am.

Daily schedule will vary depending on schedule events and or weather conditions. In the event that we do not go outside we will provide gross motor activities inside to ensure the children are active. All children work in separate groups of 1:8, or 2:16 and 1:8.

